



publications

# THE MULTIPLE INTELLIGENCE QUIZ

Estimated time required: 20 minutes

For each of the statements below, choose a number between 1 and 5 to rate how the statement describes you.

1 – No, the statement is not at all like me

4 – The statement is a lot like me

2 – The statement is a little like me

5 – Yes, the statement is definitely me

3 – The statement is somewhat like me

## Verbal/Linguistic

I can use lots of different words to express myself. ☐

I feel comfortable working with language and words. ☐

I enjoy crosswords and other word games like Scrabble. ☐

I tend to remember things exactly as they are said to me. ☐

I enjoy participating in debates and/or discussions. ☐

I find it easy to explain things to others. ☐

I enjoy keeping a written journal and/or writing stories and articles. ☐

I like to read a lot. ☐

**TOTAL**

## Logical/Mathematical

I work best in an organised work area. ☐

I enjoy maths and using numbers. ☐

I keep a 'things to do' list. ☐

I enjoy playing brainteasers and logic puzzles. ☐

I like to ask 'why' questions. ☐

I work best when I have a day planner or timetable. ☐

I quickly grasp cause and effect relationships. ☐

I always do things one step at a time. ☐

**TOTAL**

## Visual/Spatial

I understand colour combinations and what colours work well together. ☐

I enjoy solving jigsaw, maze and/or other visual puzzles. ☐

I read charts and maps easily. ☐

I have a good sense of direction. ☐

I like to watch the scenes and activities in movies. ☐

I am observant. I often see things that others miss. ☐

I can anticipate the moves and consequences in a game plan (i.e., hockey sense, chess sense). ☐

I can picture scenes in my head when I remember things. ☐

**TOTAL**

## Interpersonal

I can sense the moods and feelings of others. ☐

I work best when interacting with people. ☐

I enjoy team sports rather than individual sports. ☐

I can sort out arguments between friends. ☐

I prefer group activities rather than ones I do alone. ☐

I enjoy learning about different cultures. ☐

I enjoy social events like parties. ☐

I enjoy sharing my ideas and feelings with others. ☐

**TOTAL**

## Musical

I often play music in my mind. ☐

My mood changes when I listen to music. ☐

It is easy for me to follow the beat of music. ☐

I can pick out different instruments when I listen to a piece of music. ☐

I keep time when music is playing. ☐

I can hear an off-key note. ☐

I find it easy to engage in musical activities. ☐

I can remember pieces of music easily. ☐

**TOTAL**

## Naturalistic

Pollution makes me angry. ☐

I notice similarities and differences in trees, flowers and other things in nature. ☐

I feel very strongly about protecting the environment. ☐

I enjoy watching nature programs on television. ☐

I engage in 'clean-up days'. ☐

I like planting and caring for a garden. ☐

I enjoy fishing, bushwalking and bird-watching. ☐

When I leave school, I hope to work with plants and animals. ☐

**TOTAL**

I like to move, tap or fidget when sitting.

I enjoy participating in active sports.

I am curious as to how things feel and I tend to touch objects and examine their texture.

I am well co-ordinated.

I like working with my hands.

I prefer to be physically involved rather than sitting and watching.

I understand best by doing (i.e. touching, moving and interacting).

I like to think through problems while I walk or run.

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I know myself well.

I have a few close friends.

I have strong opinions about controversial issues.

I work best when the activity is self-paced.

I am not easily influenced by other people.

I have a good understanding of my feelings and how I will react to situations.

I often raise questions concerning values and beliefs.

I enjoy working on my own.

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